

Express test on Medical Condition

No	Symptoms	Body Systems												
		1	2	3	4	5	6	7	8	9	10	11		
31	Nail breaking and nail brittleness													
32	Dry, dull, fragile hair													
33	Excess intake of fatty food													
34	Fear and stress anxiety													
35	Little fiber in food (greens, fruits, cereals, vegetables)													
36	Muscle cramps													
37	Excess coffee, tea, Coke intake													
38	Mood swing, emotional fatigue													
39	Living in unfavourable ecological environment; city													
40	Hypersensitivity to food, household chemicals													
41	Irritability, anger													
42	Fungal diseases													
43	Loss of self-control (emotions you regret later)													
44	Weakness of musculoskeletal system													
45	Constant feeling of anxiety, no joy													
46	Depression, no goals, nothing you want to do													
47	Small physical activity (less than 10,000 steps a day)													
48	Edemas, excessive defluvium													
49	High/Low Blood pressure													
50	Cough, throat irritation													
51	Pathological climax (early, late, tides etc)													
	Total balance by column													

Express Test Results on Medical Condition

Systems	Digestive (Intestinal canal)	Digestive (Liver, stomach etc)	Cardiovascular	Central nervous system	Immune	Respiratory	Urinary track (male)	Lymphatic	Musculoskeletal	Female reproductive system	Endocrine system
Columns	1	2	3	4	5	6	7	8	9	10	11
Your Result											
Excellent	0-3	0-3	0-2	0-3	0-3	0-1	0-1	0-3	0-2	0-1	0-2
Good	4-6	4-6	3-5	4-6	4-6	2-3	2-3	4-6	3-4	2-3	3-5
Not so Good	7-11	7-11	6-10	7-11	7-10	4-6	4-6	7-10	5-9	4-6	6-10
Bad	12+	12+	11+	12+	11+	7+	7+	11+	10+	7+	11+

Express test on Medical Condition

“Excellent” Congratulation! Your current lifestyle is beneficial to your health condition.

“Good” You strive to lead a healthy lifestyle; however, you should try to change something to feel better.

“Not so Good” We recommend reviewing your lifestyle and diet.

“Bad” We strongly recommend that you urgently review your lifestyle and diet, you should begin to take care of your health now.

Data _____

Signature_____

This test can also be done after one month, six months and one year from the moment you started taking the products.